

North Somerset Suicide Prevention Action Plan

Live or ongoing work

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
Ensure effective implementation of suicide prevention work	Establish a multi-agency suicide prevention group including public health, CCG, Primary Care Providers, voluntary sector organisations, secondary MH, emergency services, CJS.	Review current membership of steering group to ensure appropriate representation from various agencies Monitor attendance at meetings	October 2017 Ongoing	CCG and Public Health	Ongoing
	Work with NHS England to identify work that can be funded through the new suicide prevention fund, estimated to be around £33,000-£66,000 a year.	Contact Mental Health Clinical Network Obtain confirmation from NHS England when funding will be available & what it can be used for	February 2018	CCG	Live
	Ensure the work around the local prevention concordat for better mental health includes the suicide prevention action plan.	Include most up to date data on deaths from suicide and self-harm rates in the mental health needs assessment. Ensure the work of the suicide prevention steering group is considered when develop prevention concordat action plan. Once priorities from prevention concordat have been identified review whether this stream and the suicide prevention work can be merged	December 2018 December 2019 March 2020	Public Health	Live

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
Reduce the risk of suicide in high risk groups	Look at pulling together all the different case reviews that have a suicidal element to them and bring the findings to the suicide prevention group to ensure all lessons can be learnt and any common themes picked up	Scope out existing reviews and reporting Agree future process and timetable going forward	Mar-2018 Apr-2018	Public Health/CCG	Live
	Development of a Crisis Card to be used by people in the care of mental health services who transition to the community.	Write project plan Approval for project Consult with service users and stakeholders who would use the card Develop card Launch tool	September 2017 December 2017 March 2018 May 2018 June 2018	AWP	Live
Reduce the stigma around mental health and promote wellbeing	Develop mental health awareness raising campaign under the umbrella of Warriors of Wellbeing	Launch Warriors of Wellbeing Run first event for World MH Day 2017 Review lessons learnt Develop timetable of events for 2018 Run events for World MH Day, Mental health Awareness Week and smaller events around time to talk day and World Suicide Prevention Day	August 2017 October 2017 October 2017 December 2017 Ongoing	Public Health, AWP, 1in4 and CCG	Live
	Launch Healthy Schools Healthy Minds project in Secondary schools Project aims to showcase good practice, raise the profile of mental wellbeing and identify areas that would benefit from further development	Develop a mental health checklist for schools Launch programme with schools Deadline for schools to submit expressions of interest School visits and network meetings set up Schools submit checklists Moderation visits to assess impact Evaluate programme	July 2017 April 2018 April 2018 July 2018 July 2018 July 2019 December 2019	Public Health	live
Supporting workforce		Pilot Connect 5 training and plan training courses for next twelve months	January 2018	Public Health	Live

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
	Develop mental health training package for people working and volunteering in North Somerset	Develop further work with GPs and practice staff around suicide prevention training	February 2018	CCG	Live
	Control room and street triage projects	Present business for proposed control room triage & street triage merger Evaluate service delivery to date Agree funding for services going forward	Ongoing	CCG & AWP	Live
	Review content of NS online Directory	Review current content Identify any gaps Finalise content	June 2018 June 2018 July 2018	Public Health but all take responsibility to review their services	Live
	Look at developing physical form of a directory of services	Scope existing directories that cover North Somerset Write project plan Seek approval for project Consult with service users and stakeholders who would use the directory Develop directory Pilot directory Finalise directory Launch Scope existing directories that cover North Somerset Write project plan	Apr-18 Jun-18 Aug-18 Nov-18 Feb-19 Feb-19 Mar-19 Apr-19 Apr-19 Jun-19	AWP	Live
Tailor approaches to improve mental	Work with CCG equalities & diversity lead to further develop local links	Identify key local groups to establish links with eg. LGBT, BME	June 2018	CCG	Live

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
health in specific groups	<p>Research shows that lesbian, gay, bisexual and transgender people (LGBT) are more likely to suffer from suicidal thoughts than their straight friends, particularly those who are young.</p> <p>As part of our work to improve the mental health of people in specific groups Public Health have funded North Somerset LGBT forum to develop a programme of work.</p>	<p>Pull together a communications package for use at events to publicise the work of LGBT forum</p> <p>Develop a quarterly newsletter to help engagement with individuals in rural areas</p> <p>Run drop in sessions at the following locations for a range of client groups including young people, those in drug and alcohol treatment/recovery, older people, BME groups.</p> <p>Website update</p>	<p>March 2018</p> <p>January 2018</p> <p>October 2017</p> <p>October 2017</p>	LGBT and Public Health	Live
Reduce access to the means of suicide	Continue to monitor deaths associated with the railways	Annual report produced about deaths on local railway networks	Annual to be agreed	BTP	Live
	Suicide prevention work with staff and passengers at local priority railway stations	<p>Raising awareness of Samaritans services with railway staff and passengers.</p> <p>Post incident support offered to railway station staff and passengers if there has been a traumatic rail suicide</p>	<p>Ongoing and when needed</p> <p>Ongoing and when needed</p>	Samaritans	Ongoing
	Review suicide audit findings to identify most methods of suicide and identify appropriate interventions	<p>Review findings</p> <p>If identified develop interventions which will reduce access to the means of suicide</p>	<p>March 2018</p> <p>July 2018</p>	Public Health	Live

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
Provide better information and support to those bereaved or affected by suicide	Scope potential project to fund a coroner liaison service	Pull together a group of interested parties including CCG, Public Health, A&S Police Identify coroner liaison service in other area and organise visit Develop feasibility plan for North Somerset include outline of costs	December 2017 January 2018 March 2018	Tbc	Live
	Continue to support and run the Weston-Super-Mare support group for those bereaved by suicide	Monitor number of attendees Promote service on annual basis	Ongoing	Public Health	Ongoing
Supporting the media in delivering sensitive approaches to suicide and suicidal behaviour	Weston-super-Mare Samaritans Branch to continue monitoring the reporting of potential suicides in the media and working with media outlets when a problem arises	Deliver a presentation to the Steering group explaining the Samaritans media guidelines identifying where breaches have occurred locally and what actions have been taken.	Annual to be agreed	Samaritans	Live
Supporting research, data collection and monitoring	Avon coroner audit work. A West of England report looking at suicides across the 4 areas will be produced. Further data analysis including hotspot mapping planned.	Data collection Review annual data report	Ongoing March 2018	Public Health	Ongoing
Reducing rates of self-harm as a key indicator of suicide risk	Self-harm amongst young people	Review healthy minds programme checklists to identify work around self-harm in schools Attend Healthy Minds moderation visits to assess impact Look at developing and supporting interventions in schools which aim to reduce rates of self-harm	December 2018 July 2019 September 2019	Public Health	Live
	Admissions to hospital due to self-harm	Analysis to understand significantly high rates of admissions to hospital	December 2018 onwards	Public Health	Live

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
	Review adherence to NICE guidance around self-harm	Benchmark current service provision against NICE guidance Understand where gaps exist in service provision	February 2018 March 2018	CCG	Live

Completed actions

Objective	Projects	Milestones	Timescales (complete by)	Lead	Status
Ensure effective implementation of suicide prevention work	Refresh current action plan	Review progress against current plan Consultation Draft plan Final feedback Finalise document	August 2017 September 2017 September 2017 November 2017 January 2018	Public Health	Complete
	Formalise the reporting framework for suicide prevention work in North Somerset	Review existing reporting frameworks within CCG and NSC and agree reporting lines.	November 2017	CCG and Public Health	Complete
Reduce the stigma around mental health and promote wellbeing	Supporting Walking out of Darkness event in September 2017 in Weston-super-Mare which aims to raise awareness around mental health issues.	Engage with local charities organisations to participate in the Mental health festival Promote the walk amongst stakeholders	Ongoing up to event Ongoing up to event	Public Health	Complete
Supporting workforce	Develop mental health training package for people working and volunteering in North Somerset	Plan ASIST training programme for 2018/2019	End September	Public Health	Complete